

## Report

### “Awareness program on Covid prevention”

Unnat Bharat Abhiyan Cell

Date of Event : 03.09.2021

Venue: Gram Panchayat Bhavan, Rigwar, Kota block, Bilaspur (C.G.).



Figure 1: Awareness program organized on Covid virus prevention at Rigwar villages and distributed medicinal plants.

### Details of Event Proceedings

Date (DD-MM-YYYY)	Details of the Session	Details of Resource Person	Number of Participants
03-09-2021	Corona Virus and its impact on health	Prof. K. K. Chandra Nodal Officer, UBA	65
03-09-2021	Ayurvedic kadha	Dr. S. K. Sahi,	65

	preparation and method of use	Department of Botany	
03-09-2021	Sanjivini home garden for health and nutrition	Dr. D. K. Patel, Department of Botany	65
03-09-2021	Distribution of Medicinal plants	Dr. Subal Das and Dr. Ramesh Gohe	65
03-09-2021	Distribution of mask and sanitizer	UBA Team	200

**A Brief Abstract of the Event (Maximum 500 Words):**

A program organized to aware village and rural communities on Covid 19 and its prevention measures on 3 September 2021 at Rigwar Gram Panchyats of Kota Development block, Bilaspur, C.G. Nodal Officer UBA Dr. K. K. Chandra aware villagers on covid pandemic, its impact and health issues. He suggested that the precaution and social distance is the best capsule for protection of the virus. Dr. S. K. Sahi, Department of Botany demonstrated about in-house preparation of ayurvedic preparations and kadha and its use. Giloe based formulations were demonstrated among villages during program. Dr. D. K. Patel, Department of Botany highlighted the sanjivani garden so that medicinal plants can be grown at kitchen garden and use. Planting of tulsi, giloe, menthe, moringa, Butch, Stevia etc, were suggested and shown to the villagers. Dr. Subal Das and Dr. Ramesh Gohe of UBA member practically demonstrated different yoga, Ashans to villagers and helped in distribution of medicinal plants and mask and sanitizers to the villagers.



Figure 2: Dr. K. K. Chandra, Nodal Officer, UBA, GGV addressing villagers and suggested for planting of Giloe (Immunity buster plant) during awareness program at Rigwar villages on 3.09.2021.

## सीयू की उन्नत भारत अभियान टीम ने औषधीय पौधे वितरित किए

बिलासपुर @ पत्रिका. गुरु  
घासीदास केन्द्रीय विश्वविद्यालय की  
उन्नत भारत अभियान की टीम ने गोद  
लिये गये ग्रामों में जाकर ग्रामवासियों  
को वैक्सीन लगवाने हेतु जागरूक  
करने के साथ उन्हें औषधीय पौधों  
का वितरण किया। 03 सितंबर को  
विश्वविद्यालय के उन्नत भारत  
अभियान के नोडल अधिकारी डॉ.  
केके चन्द्रा ने वैक्सीन सेंटर में आए  
हुए ग्रामीणों से अपने बेटियों एवं  
बच्चों को बारहवीं के बाद उच्च  
शिक्षा के लिए विश्वविद्यालय में  
पढ़ाने हेतु सुझाव दिया। उन्नत भारत  
अभियान टीम के सदस्य डॉ. एसके  
शाही विभागाध्यक्ष वनस्पति विज्ञान  
विभाग ने कोरोना से बचाव के लिए  
गिल्लोय के फायदे एवं उमके लगाने  
के तरीके की जानकारी दी।

Figure 3: News published in Ptriba daily on 4.09.2021 showing efforts of GGV during covid.

विभागाध्यक्ष  
Head

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